

END OF THE PATH



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Cover: Photo of a replica of Sage Agathiyar made in bronze by the Bronze Creative, Swamimalai in the foreground and the original granite statue in Agastyampalli, Vedharanyam in the background.

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“There is only one will at work and that is Father’s will. It is therefore perfect, good for the individual, humanity and the cosmos.”- Yogi Ramsuratkumar

Preface

After ‘IN SEARCH OF THE PATH’ and ‘IN THE PATH OF THE SIDHAS’ comes yet another chapter ‘END OF THE PATH’.

It amazes me even now to think how my life took a turnaround after I saw the Palmyra leaves (nadi, suvadi or olai in Tamil). Till this day (17 February 2010) I have seen the nadi 36 times. The nadi has been a guide, a book of instruction and a tool to motivate me and keep me going.

I wrote ‘IN SEARCH OF THE PATH’ and ‘IN THE PATH OF THE SIDHAS’ after reading the prediction in the nadi for the first time in 2002. I gathered whatever jottings and notes I had kept in numerous places and started on this venture.

Now you have in your hands the third installment END OF THE PATH.

I was brought up in a moderately religious family. I started frequenting temples as a bachelor and used to pray rigorously at home in the wee morning hours and frequented the temples in the evening. Then all this came to an abrupt stop. After a lapse of fourteen years (1988 to 2002) I started back on this path. The path of the Sidhas was shown to be. Will I reach realization on this path? That is yet to be seen. As my guru Supramania Swami and Tavayogi Thangarasan Adigal say, it is possible provided one puts in lots of practise and more importantly one has Gods grace.

When I had entirely given up on prayers and avoided temple worship, my nephew Thayalan sets me back on the path by handing me a mantra and a painting of Lord Thachanamurthy. A year into offering prayers to Lord Thachanamurthy, I am made aware of the existence of the nadi through my friend Murali. The nadi showed me the path I was to take. I make a pilgrimage to India visiting the places mentioned in the nadi. My seeking a guru brings me to Supramania Swami of Tiruvannamalai. He gives me a mantra to meditate on. The swami and I start on a venture to build a temple, but eventually settle for a kudil after a sidha stops him from proceeding with the temple. Meantime I am given another mantra through my friend, astrologer and sidha practitioner, Dr. Krishnan. After two years under the tutelage and guidance of Supramania Swami, I meet Tavayogi Thangarasan Adigal who happens to be in Malaysia. Surprisingly I am given the same mantra by Tavayogi that I received from the Dr. Then the unfoldment of miracles and surprises takes place that kept me stunned and speechless. The miracles are still taking place to this day.

My first venture into writing was when I started compiling the sidhar songs that I had been singing during prayers into a book. Subsequent publications include,

1. Sidhargal Potri Thoguppu (Tamil),
2. Sidha Potri – a transliteration in English.
3. In The Path of the Sidhas (English),
4. In Search of the Sidhas (E),
5. Sidha Margam-The Path of the Sidhas (E),
6. Arutperunjhoti Agaval- A transliteration (E),
7. Agathiyar's Jayanthi & Guru Puja (E),
8. Saint Jeganathar, Chitramuthu Adigal & Tavayogi (T),
9. Agathiyar Potri Paadal Thoguppu (T),
- 10.Yogi Ramsuratkumar (E),
- 11.Agathiya Maha Rishi (T)

These books are available online at

<http://www.indianheartbeat.fws1.com>,

<http://www.indianheartbeat.20m.com>,

<http://www.tavayogi.webs.com>,

<http://www.wix.com/tavayogi/agathiyan>,

<http://www.scribd.com/indianheartbeat>

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Agathiyar Arrives In Malaysia

Finally Agathiyar is at our shores. Yes, the bronze statue of Agathiyar that I had commissioned Varadaraj of the Bronze Creative, in Swamimalai, Tamilnadu, South India was delivered. The instruction to put up a Peedham for the sage was delivered through the nadi of Arumugam and me. The sage asked Arumugam for a spot in the Sri Guru Raghavendra Mritiga Brindavanam he was building for Saint Raghavendra. When Arumugam consented, the sage asks me to get his statue done. Sage Agathiyar instructed me to prepare his statue based on certain specifications and conditions:

1. The statue has to be a replica of the one in Agasthiyampalli, Vedharanyam, India,
2. He has to be made of bronze,
3. He has to be made in Swamimalai, India,
4. He is not to exceed one foot in height,
5. Work on him has to start in the Tamil month of Thai and Maasi of 2009,
6. On completion, prayers are to be conducted at the Adi Kumbheshawar Temple in Kumbakonam, and only then is he to be shipped to Malaysia,
7. On arrival in Malaysia, Nava Abhisegam to be conducted and
8. Chanting his name (Aum Agathisaya Nama) 100,000 times.

If the sage did not give specific instructions we could pick a statue off the shelf although it was also rare to find one of Agathiyar in the market. So I had to commission one. I asked around for help. When no one could help I remembered a relative of my wife had placed an order for a bridal costume through the net, received the goods through courier and was extremely satisfied. So I went to the net and surveyed for sculptors in Swamimalai. Only two names were suggested in the search. Since Kumbakonam was half an hours drive from Swamimalai I included Kumbakonam too in my search. I now had seven names. Only two agencies responded to my mail. One mailed me asking to get back to him. The other called me. I put forward my request to him through the phone. He agreed. So Varadaraj (91 99 4400 0655) of the Bronze Creative (<http://www.bronzecreative.com>) was given the tasks to sculpture Agathiyar.

Agathiyar's Jayanthi

I had been doing prayers on Agathiyar's Jayanthi at my home since 2006 on the requests of Tavayogi. Tavayogi himself conducts a two day celebration at his ashram in Kallaru every year. The highlight of the two day event was the lighting up of a Yagam (Yagna, Yajna). This year Tavayogi asked me to conduct a homam, a smaller version of the yagam, besides reciting the names of the sidhas as usual. I had extended invitations to family and friends to join me in the Abhisegam, chanting of Agathiyar's name and in conducting a homam during Agathiyar's Jayanthi on 3rd January 2010.

Agathiyar's Statue

The statue of Agathiyar was completed and delivered to Krishnan of Gaerish Logistics Pvt Ltd in Chennai. Varadaraj told me they could only deliver the statue of Sage Agathiyar to me on 4th January 2010, a day after the Jayanthi. He tells me all effort had been taken to deliver Agathiyar before the Jayanthi. All means have been exhausted to ensure he reaches on time for the Jayanthi. It saddened me that Agathiyar could not make it for his Jayanthi celebrations. Then a miracle takes place. Varadaraj calls me at 9.30 pm on 1st January 2010 saying Agathiyar had boarded the plane. They managed to sent his statue over by Mas Kargo and that I could claim him at 11am the next day. My family and I head for the cargo terminal of KLIA. After two hours of clearing the relevant papers I get delivery of Sage Agathiyar and we head for home with Agathiyar. Agathiyar who arrived at KLIA at 5.53 am on 2nd January 2010, arrived at my home at 5.30 pm. Agathiyar decides to arrive a day before his Jayanthi. Yes, he is finally at my home.

A Temple for Agathiyar

I feel fulfilment in having brought Agathiyar over to Malaysia. I am blessed to have taken up the offer to bring him over. The first time I saw the nadi in 2002, I was asked to aid financially in building temples and also to build one for Agathiyar. Sivabalan who brought Sentilkumar from India to read the nadi mentions to me that this requests had been read to fifty others but no one pursued it. He advised me to take it up.

When I was doubting if I could do it, Ruqaiyyah Waris Maqsood in her book FINGERPRINTS, Ta-Ha Publishers Ltd, 1 Wynne Road, London SW9 0BB England, writes,

'Your fingerprints are your 'identity card' and although they may seem such flimsy and ephermal things, the moment you touch something, even though you may not see the marks, you have left something of yourself behind on that thing that can be tracked down and identified by others. The exact pattern of your individual fingerprints was laid down by the Almighty One at your moment of

conception, if not in His infinite wisdom which is so far beyond ours, before that time! When you were no more than a tiny drop of sperm, a minute living cell, the pattern that was you was already encoded in your 'capsule'. And whatever changes you underwent throughout your life, or how many times you changed the surface of the skin of your fingers, that pattern persisted and still marked you out as 'you'. Therefore, that must mean that you as an individual are very valuable to the Almighty One - He does not just see the crowd, He sees you, within the heart of the crowd. And therefore, you must face up to your own responsibility, and live in accordance to the dictates of your own conscience, making your own decisions and not expecting any other individual to bear the burden of your decisions and actions. You should not despair if your burden seems hard, for God has given His promise that on 'no soul do We place a burden greater than it can bear'.

When I was figuring how and when I was to put up a temple for Agathiyar, Supramania Swami tells me he wants to build one in his village, 8 km from Tiruvanamalai. I agreed to help him finance the building. Later he tells me it has to be in Tiruvanamalai. But a sidha comes along and stops him from continuing. Instead we build a kudil for Swami. When nadi reader Ramesh tells me Arumugam was asked to provide a spot for Agathiyar's shrine in the Sri Guru Raghavendra Mrithiga Brindavanam he was building in Ipoh, Malaysia, I immediately offered myself to help construct a shrine for Agathiyar. Agathiyar is now here in the form of a bronze statue. Once construction of the Sri Guru Raghavendra Mrithiga Brindavanam commences we shall house Agathiyar too.

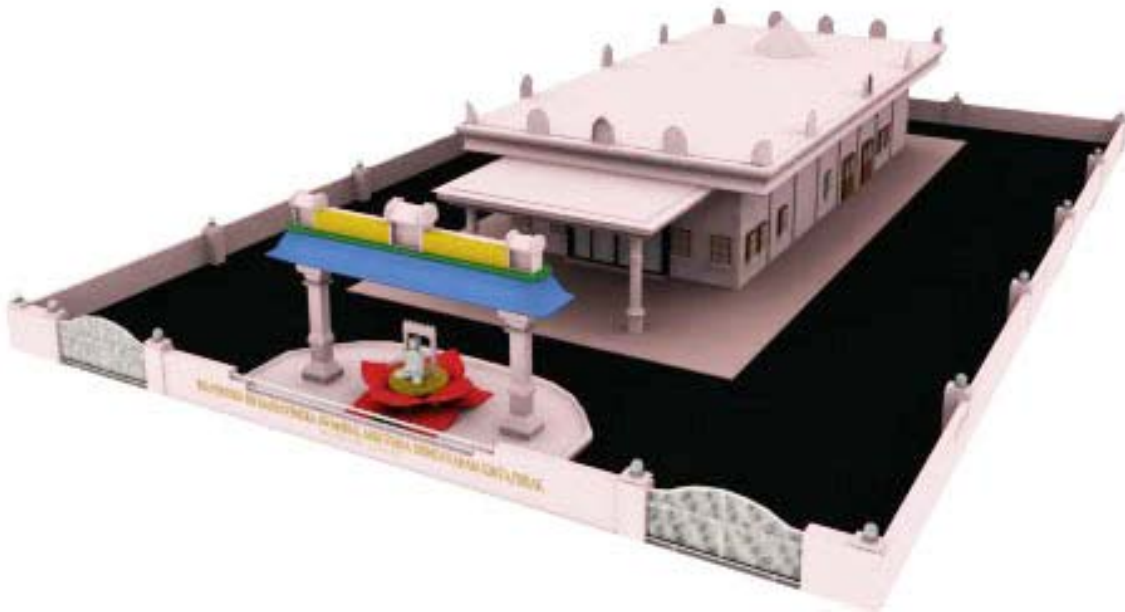


Figure 1 An artist impression of the proposed Sri Guru Raghavendra Mrithiga Brindavanam that will also house a shrine for Agathiyar.

Tavayogi once mentioned that one's effort on this path was until the Swadistana Chakra. After reaching this chakra, the sidhas shall lead one the rest of the way. My effort was in bringing Agathiyar's statue over. Now it is up to Him to perform his lilas and miracles for the good of mankind.

Agathiyar's Mission

Agathiyar's arrival on our shores has a definite purpose I believe. Agathiyar is here on a mission that he has yet to reveal. In J.Krishnamurti's first work, 'AT THE FEET OF THE MASTER', he says,

'In all the world there are only two kinds of people - those who know, and those who do not know; and this knowledge is the thing which matters. What religion a man holds, to what race he belongs - these things are not important; the really important thing is this knowledge - the knowledge of God's plan for men'.

'For God has a plan and that plan is evolution. When once a man has seen that and really knows it, he cannot help working for it and making himself one with it, because it is so glorious, so beautiful. So, because he knows, he is on God's side, standing for good and resisting evil, working for evolution and not for selfishness'.

'Those who are on His side know why they are here and what they should do, and they are trying to do it; all the others do not yet know what they should do, and so they often act foolishly, and try to invent ways for themselves which they think will be pleasant for themselves, not understanding that all are one, and that therefore only what the One wills can ever be really pleasant for any one. They are following the unreal instead of the real'.

'For you are God, and you will only what God wills; but you must dig deep down into yourself to find the God within you, and listen to His voice, which is your voice. You must study deeply the hidden laws of Nature, and when you know them arrange your life according to them, using always reason and common sense'.

'When you become a pupil of the Master, you may always try the truth of your thought by laying it beside His stopping often to think: "What would the Master think about this? What would the Master say or do under these circumstances?" For you must never do or say or think what you cannot imagine the Master as doing or saying or thinking'.

All Is Perfect

From 'YOGI RAMSURATKUMAR - The Mystery of Becoming God' by Olga Ammann published by Yogi Ramsuratkumar Bhavan, Mauritius, 2008, the Yogi is quoted,

'Everything is perfect because everything happens by the will of my Father. So, nothing is wrong in this world. Everything is perfect.'

So do we sit back and watch the violence that goes on around us?

'At a higher level – the one of Yogi Ramsuratkumar – what is generally called evil, violence, abuse, has its cosmic function.'

When people of another faith brought down places of worship of others, Swami Vivekananda was mad with anger. He approached Goddess Kali. He confronted her. He wanted to know why she kept quiet. Why she was not putting a stop to it. Why she did not punish the intruders. Kali replied calmly that even that was her doing. First she sends the message to a group of people to put up a place of worship. Then she sends another group to destroy it.

'She creates the situation to produce the problems and again it is she who comes as the solution to them.'

All is her play. It's her Lila. Accept it.

When someone questioned Yogi Ramsuratkumar as to the existence of numerous beggars in India and why can we not overcome this sorry state, the yogi replied that India needs to have these beggars. In fact he addresses himself as a beggar too.

'When someone asked him about the nuclear weapon race in which the world's great powers are engaged (atomic bombs, H bombs, and a consequent, possible planetary destruction), Bhagawan said: It is only my Father who comes in the form of these weapons. These bombs have been put in this world only because of the grace of my Father. It is all decided by Him. So, even what in human eyes appear as the most tragic evil, ultimately is nothing but good: it is God's grace'.

Destiny

Guruji Krishnananda on the web '2012 Truth, Excerpts from Guruji's Sunday classes, Light Channeling Technique, Sapta Rishis Path', says,

'Time as we know it, moves through a track of events with the possibility of shifting to other tracks running parallel to it. There are tracks of Time for each individual and there is a track of Time for the whole world. We always live in the present and our choices

and actions in the present determine the track that is taken and where we are headed’.

‘The global events that are expected to take place will depend entirely on the Spiritual condition of the majority of the people living at that time’.

‘It is very important to understand that the future is not decided yet. It will be decided as we tread on our path towards it’.

Life is in a fluid state. We are given options always. You can either move or not move. You can either answer or choose not to answer. Either way the result of your action will turn out to be your destiny. What makes you pick option A and not B is your destiny. Similarly the nadi prediction is not rigid. The prediction is in a fluid state. We are offered choices. Either way the result will end up as your destiny. It might look to us as if we are the ones making the decision; that we are in control. We say I decided to take up this option and not the other. As a result I have come to this point in life. But in actual fact what drives you to make that particular decision and not another is destiny itself.

I did not choose to take this body. I do not govern this body. I do not even know the day to day running of this body. I am not in control of the various happenings in this body. And yet I call it my body. I possess this body. I identify with this body. So if I did not create this body, if I did not choose this body, since it is not mine to own, then why is it so difficult to let go?

In ‘AN INTRODUCTION TO ESOTERIC PRINCIPLES’ by William Doss McDavid is written,

‘A reform movement, encompassing all traditional esoteric orders the world over, was initiated around the time of the Lord Gautama Buddha and was brought to fruition during the life of the Tibetan teacher Tsong-kha-pa in the fourteenth century. The reform of the occult world by his instrumentality was, in fact, the result of his great sacrifice, of the self-denial which induced him to reject the blessed condition of Nirvana to which, after his earth-life as Buddha, he was fully entitled, and undertake the burden of renewed incarnations in order to carry out more thoroughly the task he had taken in hand, and confer a correspondingly increased benefit on mankind. (Esoteric Buddhism, pp. 132-133)’.

Reform can’t be brought about in one lifetime. Just as Budha came back again and again to help perfect his reforms, Ramalinga Adigal and others too are believed to have come again and again.

Agathiyar is in Malaysia to help us move closer to him and his path that surely has been proven by the sidhas as the path to deathlessness.

Guru

Do not try to understand the guru, says Swami Nithyananda Paramahansa. The problem with us is that we try to understand what the guru says. What we should do is to listen just as we listen to music, listen to the birds, and listen to the wind blowing across our faces. Gurus do not give sermons. They teach us by way of parables.

From 'YOGI RAMSURATKUMAR - The Mystery of Becoming God' by Olga Ammann, published by Yogi Ramsuratkumar Bhavan, Mauritius, 2008, the author mentions,

'Tilopa, one of the most renowned *mahāsiddhas* (great Masters of perfect capabilities), taught that one has to become like a bamboo cane: hollow, empty inside. Only then, such an immense gift, the grace of a *Guru*, who has reached the highest state of consciousness, can be received.'

Do we want to be devoted our entire life to a guru? Don't we want to be like him? Should not the guru help raise us to a stature similar to him? Or would the guru prefer his disciples to forever be obedient and serve him? A true guru would help the devotee to rise up the spiritual ladder to the very spot he was standing. Look for this teacher. Look for this master. Look for this guru. He would rejoice to see his disciple evolve and be at par with him.

Search for the Divine

In the book 'YOGI RAMSURATKUMAR - The Mystery of Becoming God' by Olga Ammann published by Yogi Ramsuratkumar Bhavan, Mauritius, 2008, the author states,

'The meaning and the aim of existence must be the search for the Divine. One that enables the individual to take the supreme decision of his or her life: to leave all behind and go in search of God.'

From a translation of verse 52 of Saint Ramalingam's Tiruarutpa by Valmiki Nathan, the stanza emply resembles what one should aspire for :

*O Great Effulgence of Grace
Who, in the past without educating me in a school
instructed me in everything
and removing all the foibles of the body
roused me from the sleep (of ignorance)*

One needs to understand the reason for one's birth as a human being. He has to realise the true path. He has to know the mission that is laid down for him.

Many a saint has often mentioned the human birth as the highest amongst all births.

The body is needed to realise god. Although the believe that the soul/ atma/ jivatma unites with god after death of this body is held by many, saints have proved otherwise. They have shown there is no union with god after death. The union has to happen right now in this body, in this birth.

We need to prepare this body which then evolves into a temple so that God is received into this body. God then resides in this body, in every cell and atom and brings changes to this body. The change takes place internally which slowly influences one's outer appearance, one's thought, and the way one sees things.

If we die before we achieve this,

- ☹ We have missed the target.
- ☹ We have failed.
- ☹ We have deprived ourselves of a rare and golden opportunity.
- ☹ We have gone astray.
- ☹ We have chosen to miss the true meaning of life.
- ☹ We have deviated from the reason to have taken birth.
- ☹ We have lost sight of our mission.
- ☹ We have forgotten the purpose of our birth.

Then we are born again

- ☹ So as to repent.
- ☹ We are given another opportunity to attempt to seek the divine.
- ☹ We are made to realize that we had missed the boat several times before.
- ☹ We are told to make use of yet another rare opportunity given to us as a result of God's grace.
- ☹ The call is made. We meet the guru. He calls for a total transformation of our mind. In other words, a rebirth.
- ☹ We then have an entirely different perception of life. A thorough change has to take place.

God wishes every child of his to realise the truth that this body is immortal. One needs to take steps to prepare it so as to unite with him while still alive in this very body. The true path is extremely simple where we need to care for this body so as to receive god in us and eventually merged with him.

Saint Ramalingam has achieved this feat. He had prepared himself; he had purified his thoughts and body. He had performed deeds that drove away ignorance and brought him merits. He had yearned for god with utmost passion and god had to submit to him finally. God came unto him; into his body, into every cell and atom. Then changes started to take place in his body. Eventually he dematerialized into light merging with God. He made it happen right here and as recent as 1874.

The End Of The Path

In the website, <http://www.ramalinga.com>, is mentioned,

‘Then the Divinity descends and settles in disciples's Heart, who become entirely filled by Him. Captivated by the "Ardent Fire" of the Divine Essence, the disciple stops thinking, feeling, acting and even existing. He has become pure LOVE and COMPASSION, and this is what he spills on all the beings’.

‘This Secret, which has been hidden and now is divulged according to the explicit wish of Ramalinga, points the disciple’s Heart as **the end of the Path** showed by Him’.

‘To say “Heart” isn't referring to the physical heart neither the heart chakra, although its “location” is near to both of them. The Heart is the most pure and hidden place, only "stepped" by God. Ramalinga himself revealed this Secret in this verse:

‘The Boundless Benevolent Jothi abides in the Heart of those who have realized the Deathless Body as clearly as the fruit in their hands’.

Tavayogi Thangarasan Adigal wrote a similar statement to the above in my copy of the book ‘Andamum Pindamum’ when I approached him for an autograph.

Again from <http://www.ramalinga.com>,

‘Ramalinga affirms that, following the Divine Path of Truth and Purity, the most impure body will become a body pure and imperishable’.

‘He described a “Principle of Light” that is the unique one capable of producing this first transformation’.

‘This Principle has two important aspects: Compassion toward all the beings (paropakaram) and devotional Meditation (satvicharam)’.

‘According to Ramalinga, the first of these aspects was the most important; if is acquired, the Grace will come easily. God is present in all the beings and all the beings are in God. Cultivating the human compassion for all the beings can be achieved the God's Grace (divine Compassion), similarly to the way in which a spark becomes a radiant Light’.

Likewise he taught that it was necessary to develop another aspect of the Principle of Light: the ardent Devotion to God. The key is constituted by the constant thought on God, begging for his Grace. In one of his poems he expresses that is necessary to think incessantly on God, until be melted with the Divine Love. Then the crying happens unexpectedly and praises are sung to God, being produced in the disciple a smooth internal heat’.

‘When this universal Love and this sacred Heat are realized, body and soul are prepared for the descent of the Grace in the shape of Light. When this happens, the material body constituted of impure elements is transformed into a “Body of Pure Light” that emits a golden brightness’.

The Transformation of the Body

From <http://www.ramalinga.com>

‘Describing in exquisite way the phases of the transformation of his body, Ramalinga says that dermis and epidermis have become extremely soft; all the nerves, muscles and tendons have slackened little by little; the bones, membranes and cartilages have become very flexible; the blood has coagulated; the semen has concentrated being solidified; the brain and all its parts have been opened like a bud. All over the body an Elixir flows; the face glistens; the respiration is smooth and refreshing; from the tear glands abundant tears sprout; the mouth is half-opened tremulous and the ears are filled of sweet melodies. The entire body is refreshed and all its visible parts flourish in ecstasy. The heart swells palpitating Love. The ego vanishes, as the emotional and mental defects. A tender, loving and compassionate quietude dominates all the organism. The ardent desire to receive the divine Grace overflows. The Supreme Love fills the body, which is the temple of the divine Life’.

The Perfected Body

From <http://www.ramalinga.com>,

‘I have realized here the triple indestructible body of Suddha Deha (the pure physical body), a perpetual and blissful Pranava body (Pranava Deha) and an all-pervading and ever-growing or ever-prospering Knowledge-body of the divine Conscious Force (Jnana Deha) in order to make the play of self-giving of myself everywhere’.

‘The Lord revealed me the chain of Cause and Effect that are spoken of in the respective scriptures of the Vedas and Agamas. I have seen and realized Him here in the world and enjoy the Bliss. I have happily partaken of Amrita (of Bliss) in the Realm where there is neither day nor night (the Truth World of eternal Light)’.

‘I have discarded all the devious ways and taken to the good Path of Purity, Truth and Harmony, and joined the rank and file of Its Sangha or fellowship. The heavenly beings happily praise it as the Good Path, because it has a firm foundation’.

'Oh my shy people of the world! Be careful to see that your heart remains vigilant and watchful without allowing it to indulge in wastefulness (wasting the opportunity). As the Lord has given me today Amrita of Bliss as food, know it to be the day which He has chosen for His manifestation here in the play of Knowledge and Perfection'.

Union With God

From <http://www.ramalinga.com>

'Beyond the experience of the Divinity that can be achieved through the Ajna and the Sahasrara, the full Union with God in body and soul (deathless body) takes place when the Most High Lord accepts the absolute surrender of the disciple'.

'These great saints saw a Column of Light rising above the Sahasrara up to the Divinity. In one who realizes the Golden Deathless Body an indissoluble bond is established with the Divinity through this Column of Light. Till this moment, one must make an effort ascending to the Divinity, later having to descend again to the physical level, nevertheless on having been settled the Column of Light one does not need to continue doing this effort, but from this time the Divinity descends on oneself. The Column of Light start to be formed in the states previous to the full Realization of Golden Body'.

'The one in whom the Column of Light is settled enjoy the continual experience on the Divinity, who, on having descended, resides in one's own Heart (as shining Sun) and fills with Himself the whole Being gradually, even the physical body (which, cell by cell, is completely transmuted up to becoming divine). At first the above mentioned experience has not the same intensity all the time. Moved by His great Compassion, God takes the maximum care of the possible after effect in the physical body and that's why He is alternating the intensity to manifest Himself as Divine Light. Some times His resplendence is very soft whereas in other occasions It becomes the most intense, seeming that one is going to be melted in It. This experience on God fills the Self with Divine Love and Compassion, which overflow from the Heart as a river flowing endlessly towards the other beings'.

'Little by little, God is increasing by degrees the intensity of Light and one is becoming accustomed to it, until the time comes when God manifests Himself wholly. Then the Column of Light shines from beginning to end with all Its splendour. It isn't visible, except in very rare occasions'.

'This Column of Light is truly the embodied Divine Jothi, which burns constantly so that the Divine Light radiates coming to all the beings. This is the Full God's Manifestation in the Earth'.

'There was no longer the body, no longer any sensation; there was only a Column of Light rising from the place where is ordinarily the base of the body up to the place where is ordinarily the head, to form there a disk of Light like that of the moon; then from there the Column went on rising

up to very far above the head to break into an immense Sun, dazzling and multi-coloured, from which fell a rain of Golden Light covering the whole earth’.

‘Then slowly the Column of Light descended forming an oval of living Light, awakening and setting in motion, each in a particular way, according to a special mode of vibration, the centres which were above the head, at the place of the head, the throat, the heart, in the middle of the belly, at the base of the spine and still lower. At the height of the knees, the ascending and the descending currents joined together and the circulation thus became in a way uninterrupted enveloping the whole being in an immense oval of living Light’.

‘Then slowly the consciousness descended from stage to stage, halting at every world, till the consciousness of the body came back. The resumption of the consciousness of the body was, if my memory is exact, the ninth stage. At this moment the body was still quite stiff and immobile’.

‘There is a Pillar (Column of Light) rising up from the seat of Brahma (muladhara), above the Sahasrara, and reaching up to Suddha Siva Sthana, the seat of Suddha Siva (the pure Space of the Divine which is the world of True Knowledge). It will be of the vibration of Vayu (air of life-force called Vayu Nadi) up to the Heart centre and beyond that, of the principle of Agni the fire. It is broad at the bottom and becomes finer and finer as it goes up. It is invisible to senses as it becomes infinitesimally atomic; it is imperceptible to the jeeva as it becomes infinite, and can be seen only rarely in spiritual vision. It is the Pillar of Unity without division. This is called the whole and perfect Pillar of the Divine Form, Sivakara Poorna Stambha’.

‘The human is oblivious of many original capacities, which will come to be awoken again by the Grace Light, and taken up to the sublimation. No doubt, open your heart to me. Be trusted and what seems to be impossible will be realized. Believe that my words are the Supreme Truth’.